

AN ANALYSIS FOR ROOT CAUSE OF SELF-DESTRUCTION - FROM BHAGAVAD GITA

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ABSTRACT

It is observed that the teachings of “Shrimad Bhagavad Gita” are very useful for all, particularly for finding out that the right actions and right path for destiny are decided. However, usually, we get upset with the results when they are not in accordance with our expectations. In fact, one is responsible for one’s own elevation or one’s own degradation. If the negative aspects are more dominant then the end results are obviously negative, which leads to the delay or destruction of one’s progress. Therefore, an attempt is made to investigate the factors responsible for self-destruction through exploring the scripture of Bhagavad Gita. In other words, the factors, which should not be practiced are extracted from the Bhagavad Gita and described herein for one’s betterment, by elimination of those factors from one’s life. Few of these factors identified and discussed herein are: (1) Affinity towards objects; (2) Lack of Spirit; (3) Pleasures & Lust; (4) Conduct; (5) Lack of Self-control; (6) Ignorance of Scriptures; (7) Path of Unrighteousness.

KEYWORDS: *Shrimad Bhagavad Gita, Bhagavad Gita, Kurukshetra*

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